

DERMAPLANING CONSENT FORM

Dermaplaning (skin blading or leveling) is a safe and highly effective, clinically proven technique for precise, manual exfoliation of the skin. Exfoliation promotes the reduction of fine lines, wrinkles, micro scars, stretch marks, and sun damage. It also regenerates epidermal cell structure resulting in improves skin elasticity and a more youthful, pliable, smooth skin texture. Dermaplaning removes the outer most layers of dead skin cells and the vellous hairs leaving the skin immediately smooth, supple, and vibrant. Dermaplaning is a non-traumatic method of skin rejuvenation and vellous hair removal.

- _____ I understand that a sterile surgical blade is used for this procedure. The blade is held at a 45 degree angle and stroked along the face, very similar to shaving.
- _____ I acknowledge that there is the possibility of nicking or cutting the skin, as a blade is used in this procedure. However, the incidence of cutting into the skin is slim. Our aestheticians have been thoroughly trained in the procedure (a mandatory requirement) and have previous experience performing the procedure.
- _____ I understand that blading of the skin is performed primarily on the face excluding the nose, eye lids, neck, or chest, and may be performed every 3 – 4 weeks. Blading removes 2-3 weeks' worth of dead skin cells
- _____ I acknowledge that I have been informed that blading the skin on the face DOES NOT cause the hair to grow back thicker or darker. The structure of the vellous hair (thin, translucent blond hair) is not damaged during blading and grows back the same. However, because the hair is cut, it grows back with a blunt edge but the hair has not been physiologically altered.
- _____ I understand that there is the possibility of the skin to peel after dermaplaning, although this is not common, and if peeling does occur, there is no damage to the skin.
- _____ I understand that all skin types can benefit from derma planing or blading. However, the procedure is not recommended for those suffering from severe acne and/or over production of the sebaceous glands. The oils from the sebaceous glands need to travel up and connect with the vellous hair. If the hair is removed, then the oils tend to stay below where they are prone to mix with bacterial colonies, ultimately stimulating more acne.

Patient/Guardian Signature: _____ Date: _____